

# ESOPHAGOGASTRODUODENOSCOPY

Patient's Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Location: St Thomas Medical Plaza – STE 309 WEST

ATTENTION: Please read this packet in its entirety prior to prepping for your procedure.

**A BROKEN APPOINTMENT IS A LOSS TO EVERYONE. PLEASE GIVE US A 48 HOUR NOTICE TO AVOID ADDITIONAL CHARGES AND ALLOW THIS TIME TO BE OFFERED TO SOMEONE ELSE.**

If you have had an upper GI x-ray and the doctor has not seen it, please bring it with you.

**Please bring someone with you to the doctor's office the day of the procedure who will accept responsibility for your care when you are discharged.** You will be sedated during this procedure and will need someone to drive you home. Please bring a responsible adult with you who can stay in the office waiting area during the procedure. Please plan on staying with us 2-4 hours. The person may join you after the procedure, while you are waking up, and will help you in remembering what the doctor tells you. **DO NOT** drive or operate machinery until the next day because the medication we gave you will make you sleeping and legally intoxicated.

**You will not be able to use Public Transportation or Med Ride to transport you home after your procedure.**

If you have a living will, please bring a copy with you so that it may become a part of your permanent record.

## **PREPARATION**

Seven (7) days before your procedure, **DO NOT** take any aspirin products. You may take Tylenol.

If you are having a pH Bravo test, which you would have received additional paperwork for, **DO NOT** take any antacids or any medications for reflux or heartburn three (3) days prior to your test.

Any regular medications should be taken the day before the procedure and the day of, with the exception of blood thinners, aspirin, or reflux and heartburn medications unless instructed otherwise.

If your test is scheduled before noon, **DO NOT** eat or drink anything after midnight the night before your test, except a small amount of water to take your regular medications. If your test is scheduled for after noon, you may have a clear liquid breakfast before 7:00am, but nothing after 7:00am to eat or drink except a small amount of water to take your regular medications.

If you are a diabetic on insulin, take only one-half (1/2) of your dose the morning of the procedure. If you have any questions regarding this, please call our office or the doctor who follows you for diabetes.

Please call the nurse at (615) 383-0165 (Dr. Pruitt extension: 310\ Dr. Mertz extension: 316)

Monday-Friday if the following apply to you:

- You have heart valvular disease or have had rheumatic fever.
- If you are on any of the following medications: blood thinners (Coumadin, Plavix, Warfarin, Antithrombin-K, Anisindione, Miradion, Dihydroergotamine, Mesylate, Dipyridamole, Persantine, Lovenox, Argatroban, Arixtra, Eliquis, Pradaxa, Xarelto)

- If you have any questions regarding this prep.

### Clear Liquids

- WATER
- ICE
- CARBONATED BEVERAGES (SPRITE, 7-UP, GINGER ALE)
- CONSOMMÉ
- BROTH—CHICKEN OR BEEF
- APPLE JUICE
- GRAPE JUICE (100% ALL NATURAL –WELCHS)
- LEMONADE
- COFFEE (NO CREAM)
- GATORADE
- JELLO—NO RED/PURPLE
- POPSICLES—NO RED/PURPLE
- NO BEVERAGES CONTAINING ALCOHOL

All of these things you can see through. **DO NOT** drink anything with red food coloring.