

GOLYTELY COLONOSCOPY PREP

Patient: _____ Date: _____

Arrival Time: _____

3 DAYS BEFORE THE EXAM; DO NOT EAT ANY RAW FRUITS OR VEGETABLES.

THE DAY BEFORE YOUR COLONOSCOPY

1. Begin a clear liquid diet starting with breakfast. **NO SOLID FOOD TODAY-ONLY LIQUIDS.**
2. **PREPARE YOUR PRESCRIPTION THAT WAS CALLED INTO YOUR PHARMACY.**
3. Please drink at least ½ of your prep before 2 pm and drink the other ½ before 8 pm
4. If you experience nausea, take a 30-60 minute break then begin drinking again.
5. You must **FINISH THE ENTIRE PREP** for your colon to be clean.
6. You may have clear liquids up until 6 hours before your appointment.

*If unable to take **ALL** of this prep **OR** your bowel movements are **NOT CLEAR**;
Drink 2 bottles of Magnesium Citrate (not the cherry flavored)

CLEAR LIQUID EXAMPLES:

Tea (un-sweet or sweet)	Water	Sprite/7up	Cola
Coffee (no creamer)	Gatorade (not red)	White Grape Juice	Apple Juice
Beef/Chicken Broth	Jello (not red)	Popsicles (not red)	

THE DAY OF YOUR COLONOSCOPY

Please take **ANY BLOOD PRESSURE, HEART, LUNG OR SEIZURE MEDICATIONS** with just enough water to swallow them.

***You will be sedated for this procedure. You will NOT be able to drive home. Please bring a responsible adult with you to drive you home or to ride any public transportation with you. (such as a bus or taxi)**

Please notify us if:

- 1) Your insurance changes before your procedure.
- 2) If you could possibly be pregnant or if you are seeing a fertility doctor.

Procedure cancellations require a 72 hour notice or a charge of \$200.00 could be incurred