

## ESOPHAGOGASTRODUODENOSCOPY

Patient's

Name: \_\_\_\_\_

Appointment Date \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Location: ST. THOMAS MEDICAL PLAZA, SUITE 309 WEST

A BROKEN APPOINTMENT IS A LOSS TO EVERYONE. PLEASE GIVE US 48 HOURS NOTICE TO AVOID ADDITIONAL CHARGES AND ALLOW THIS TIME TO BE OFFERED TO SOMEONE ELSE.

**If you have had an upper GI series or stomach x-rays, please bring them with you.**

**Bring someone with you to the doctor's office the day of the test. You will be sedated during the test and will need someone to drive you home. Please bring a responsible person with you who can stay in the office waiting area during the procedure. Please plan on staying with us for 2-4 hours. This person will sit with you after the test while you are waking up and will help you in remembering what the doctor tells you. **Do not drive or operate machinery until the next day because the medication we give you will make you sleepy and legally intoxicated.****

If you have a Living Will, please bring a copy with you so that it may become a part of your permanent record.

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### PREPARATION

Seven (7) days before your test, do not take any aspirin products. You may take Tylenol.

Three (3) days before your test, do not take any antacids or any medications for reflux or heartburn.

Any regular medications, except for blood thinners, aspirin or reflux and heartburn medications, should be taken both the day before and the day of the test.

If your test is scheduled before noon, do not eat or drink anything after midnight the night before your test, except a small amount of water to take your regular medications. If your test is scheduled for after noon, you may have a clear liquid breakfast before 7:00 am, but nothing after 7:00am to eat or drink except a small amount of water to take your regular medications.

**If you are a diabetic on insulin, take only one-half (1/2) your dose the morning of the test. If you have any questions regarding this, please call our office or the doctor who follows you for diabetes.**

Please call the nurse at (615)383-0165, Monday through Friday, 8:00 a.m. - 4:30 p.m. if any of the following apply to you.

- **You have heart valvular disease or have had rheumatic fever.**
- **If you are on any of the following medications:** Blood thinners (Heparin, Liquaemin, Coumadin, Plavix, Calciparine, Hep-Lock, Dicumarol, Bishydroxycoumarin, Phenprocoumon, Liquamar, Warfarin, Panwarfin, Antithrombin-K, Anisindione, Miradion, Dihydroergotamine Mesylate, DHE, Dipyridamole, or Persantine).

**If you have any questions about the above preparation.**