

Esophagogastroduodenoscopy (EGD) Prep

Allan H. Bailey, M.D. / Edward A. White, M.D.

Patient's Name _____ Date _____ Time _____

LOCATION:

Mid-State Endoscopy, 2010 Church Street, Suite 420, Nashville, TN 37203

- You will be sedated during this procedure. **You will NOT be able to drive yourself home.** Bring someone with you to drive you home. If you plan to take a bus or taxi home, bring a responsible adult with you.
- Remove nail polish/acrylic nail from your index finger.
- If you could be pregnant or are seeing a fertility doctor, notify our office.
- If your insurance changes before your procedure, notify our office.
- Appointment cancellations—please give 48 hours notice. There **will be** an additional charge for appointments not cancelled within this time frame.

Take your regular medications the morning of the exam.

Do not eat or drink anything after midnight except sips of water for your medicines.

Medical Precautions

- **Diabetics**-See instructions below:
- **If your blood sugar tends to run high, check your blood sugar @ 7:00 a.m, 11:00 a.m., 5:00 p.m., & 9:00 p.m.**
- **Remind the nurse you are diabetic on the day of your test.**
- **Check your blood sugar before you arrive for your test.**
- **Bring your insulin with you the day of your test.**
- **On your test date, DO NOT take any insulin or diabetic oral agent before the exam.**

- **REGULAR MEDICATIONS SHOULD BE CONTINUED ON THE DAY OF YOUR EXAM, ESPECIALLY THOSE FOR HIGH BLOOD PRESSURE, HEART DISEASE, ASTHMA, OR BREATHING DIFFICULTIES.**

- **Blood thinners** can affect the procedure. **Contact us** at least one week prior to your test if you are taking Coumadin, Plavix, Lovenox, Heparin, Warfarin, or Aspirin.

- **DO NOT** take the following medications the day of your test: Iron, Carafate, Sucralfate, antacids such as Maalox, Alternagel, Amphojel, Gaviscon, Riopan, Tums, Rolaids, and Milk of Magnesia.

- If you have an artificial heart valve, knee or hip replacement, please call our office for further instructions. Take antibiotics before the procedure as instructed by your doctor as you would for dental work.

- Please call the nurse at the Mid-State office at 615.329.2141, Monday-Friday, 8:00-4:30 p.m. with any questions.